Hope everyone is enjoying their spring and looking forward to a fun filled summer! There are many educational events around our Region so if you're not spending a weekend with family or showing, consider supporting one of our well-organized and great educational opportunities sponsored by the local GMOs (Group Member Organizations) such as Arizona Dressage, Utah Dressage, New Mexico Dressage, Rocky Mountain Dressage and so forth.

I'm currently on hiatus from riding after having rotator cuff surgery. I thankful for this beneficial fix but I'm definitely chopping at the bit wanting to get back on my horses. It's a lot of fun though to just spend time out in the barn with our wonderful soul mates and to spend time helping my girls ride their ponies and watch their lessons. I'm blessed with two children who currently still want to ride! It may not last but I'm definitely enjoying it while it does.

As of April 30<sup>th</sup>, our potential candidates for the 2014 FEI North American Junior and Young Rider Championships will be finalized. As I write this in mid-April, we have 5 declared Juniors and 4 declared Young Riders. I hope we have enough folks to field two full teams to Kentucky in July. It's the experience of a lifetime for our Youth and if you would like to contribute or help with their fundraising efforts, please contact Joan Clay, our Region 5 Jr/YR FEI coordinator at <a href="mailto:jnclay@comcast.net">jnclay@comcast.net</a> or 970-420-0877 or Julie Barringer-Richers, our fundraising coordinator at <a href="mailto:jabr57@gmail.com">jabr57@gmail.com</a> or 720-341-5033.

Tomorrow I head off to the USEF Spring Executive Board meeting. I look forward to sharing with you the great things going on in our organization in my next monthly update. These meetings are always rewarding and productive and remind me of why we have such a neat organization.

Please don't forget that there are several new rule changes that went into effect April 1! Read through your USEF rulebook and make sure you know the rules before you go out and show. If you have news you'd like to share, please let me know, we're happy to get it out and about for you.

Happy Spring!

Till next month! Heather Petersen

Region 5 Director